

HMS PTA Presents the....

# Health and Wellness Committee



As parents and educators, we can positively impact the **attitudes, activities** and ultimately the **future health and lifestyles** of our students.

Through partnering with many of you health-conscious parents, we provide *interesting, fun, and practical* community events for our students and families at Huntington Middle School.

Please **join us** as a member of this active committee in implementing healthy ways to engage, inform, and entertain our middle school community.

No special skills are needed; just bring your ideas and enthusiasm!

If interested please e-mail Holly Yamada ([hyamada@verizon.net](mailto:hyamada@verizon.net)) or Denise Wadsworth ([dwadsworth@smusd.us](mailto:dwadsworth@smusd.us))

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Is your child interested in service to our school, community and world?  
All students are welcome in our HMS Rotary Mideract Club.  
Meetings are every Tuesday at lunch and include dances, our speaker series, international and community service projects, and fellowship.  
Questions? Contact Denise Wadsworth, HMS Mideract Faculty Advisor.

Our HMS Rotary International and Mideract Motto: Service Above Self.